



Benefits of Membership

ADVOCACY:

OHEA members are guided by a Code of Ethics to assist families and individuals to maintain a desirable quality of life. Partnership in Consumer Food Safety Education typifies OHEA advocacy.

PROFESSIONAL COMMUNITY:

Through local branch meetings, a monthly newsletter, an annual conference, an active website and social media, OHEA members have continual contact, excellent resources and a welcomed voice.

OHEA NEWS DIGEST:

A monthly digital newsletter highlighting OHEA news, events and accomplishments within the Home Economics/Human Ecology profession.

CAREER ADVANCEMENT

Links to career opportunities, advice and a mentorship program.

KNOWLEDGE LEADERSHIP

Opportunities to get involved and engage in committees that shape the future of Home Economics/Human Ecology.



THE HOMEGROWN COOKBOOK

Edited by Mairlyn Smith, P.H.Ec. was launched in December of 2015 with contributions from OHEA members.

THE VEGETARIAN'S COMPLETE QUINOA COOKBOOK

A national award winner, edited by Mairlyn Smith, P.H.Ec. was launched in 2012 with contributions from OHEA members.

*Both cookbooks available for purchase
at Chapters Indigo or Amazon



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BECOME A PROFESSIONAL HOME ECONOMIST



‘Promoting the Art & Science of Smart Living’



www.ohea.on.ca



ONTARIO HOME ECONOMICS ASSOCIATION (OHEA)

- a self-regulating body of registered Professional Home Economists, promotes high professional standards among its members so that they may assist families and individuals to achieve and maintain a desirable quality of day-to-day life.

HOME ECONOMICS PROFESSIONALS ARE ADVOCATES FOR INDIVIDUALS, FAMILIES AND COMMUNITIES

Home Economics/Human Ecology is an amalgamation of multiple disciplines, related to promoting healthy daily living. The everyday challenges faced by today's globally connected family are rarely one-dimensional. A multifaceted body of knowledge to help people cope with life's diverse challenges is provided through the expertise, shared learning and careers of OHEA members.

CAREERS IN HOME ECONOMICS ARE DIVERSE

Our members enjoy careers in corporate, public and professional practice for food, nutrition, and health; family resource management; personal finance; textiles and clothing; shelter and housing; consumerism and consumer science; household management; design and technology; food science and hospitality; human development and family studies; education and community services.

The Professional Home Economist Designation (PHEc)

Qualifying members will receive the sought-after registered title of Professional Home Economist. A PHEc designation assures the public of full credentials.

A PHEc has earned a degree in Home Economics or a related field of study (Human Ecology, Family Studies, Food and Nutrition, Consumer Behaviour) and has met all OHEA requirements

OHEA received registered status in 1989, providing regulation by an established code of ethics, rules of professional conduct, disciplinary procedures, standards of education and practice.

Connect with us
on social media



How to become a Professional Home Economist

Apply to the Ontario Home Economics Association.

Obtain an online application form at www.ohea.on.ca under the "Join Us" tab.

If you have any questions, e-mail us at info@ohea.on.ca or phone 613-339-1309

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