

Workshop

Career Leadership While Influencing the Community

November 17, 2018

8:30 – 3:00

Brescia University College

London, Ontario

Agenda

- 8:30-9:00 Registration
- 9:00-9:10 Introduction and objectives for the Workshop
- 9:10-10:15 Your Leadership in the Community - What does it look like? How to get on a Board; Preparing a resume. *Cathy Enright P.H.Ec*
- 10:15-10:30 Refreshment Break
- 10:30-11:30 Expectations of nonprofits - hiring and volunteers. *Cailin Whincop P.H.Ec*
- 11:30 -12:00 Consumer Council of Canada - Who are they? *Ken Whitehurst, Executive Director*
- 12:00-1:00 Lunch and networking
- 1:00-2:00 Credit Counselling - Debt and how you can offer solutions. *Stacy Oleksy P.H.Ec*
- 2:00-2:50 Nonprofit pulse in London- Where do you fit? *Dharshi Lacey*
- 2:50-3:00 Wrap up and call to action. *Cathy Enright P.H.Ec and Dr. June Mathews P.H.Ec.*

Biographies

Cathy Enright is a Fellow in Board Governance from the Canadian Board Diversity Council (CBDC). She is the Secretary Treasurer of the *Ontario Home Economics Association*. Cathy began her career as a Home Economist with a large food manufacturer. She then joined the Canadian public service and held several positions before retiring as the Director of Consumer Services and Outreach. Cathy has worked extensively in strategic communications planning and execution. She directed a Contribution Program, which provides funding for research and development for nonprofit organizations. She has received a number of awards, including the Deputy Minister Award for Innovation, as well as “Mentor of the Year” from the University of Alberta. She mentors professionals with an interest in communications, public relations and government relations. Cathy contributes to her community as a volunteer including her Church, Trillium and the Ottawa Home Economics Association.

Dharshi Lacey is the Director of Diversity & Governance at Pillar Non-profit Network. At Pillar she supports non-profits as they strive to follow best practice in board governance. She also offers diversity consulting, assisting non-profit boards to assess their organizations, cultural competency and develop action plans to develop more inclusive practices within their board recruitment, board policy, strategic planning and Executive Director accountabilities. Dharshi immigrated to Canada from Sri Lanka and has over 20 years experience working in the London community in the non-profit sector. Dharshi holds a B.A. in Business and Economics.

June Matthews is an Associate Professor in Food and Nutritional Sciences at Brescia University College and an Adjunct Research Professor with the School of Graduate and Post-Doctoral Studies at Western University. Dr. Matthews joined OHEA in 2000, the same year she graduated from Brescia University College with a degree in Human Ecology (Food & Nutrition). She completed her MSc in 2002, became a Registered Dietitian in 2003, then finished her PhD and began teaching at Brescia in January 2006. Dr. Matthews received the Brescia University College Award for Excellence in Teaching in 2008, the President’s Distinguished Service Award from OHEA in 2010, and has been recognized with Outstanding Reviewer Awards from Elsevier Publishers in 2016 and Emerald Group Publishing in 2017. Dr. Matthews has presented at many professional conferences, including the 2014 UN/DPI Conference at the United Nations Headquarters in New York, and has published in several academic journals. Dr. Matthews lives in London.

Stacy Oleksy is a graduate of the Human Ecology program (MSc, 2002; BSc, 1997) from the University of Alberta. She is currently the Director of Education and Community Awareness at the Credit Counselling Society, where she's worked for the past ten years. Stacy has recently moved to Ontario from British Columbia, where she lived for the last 18 years. In her spare time, Stacy loves to read, work with fused glass and hang out with her husband and dog Duke.

Cailin Whincop holds a human ecology degree in nutrition, family studies, and psychology from Brescia University College. She is passionate about building healthy communities and an equitable society. With a post-degree diploma in Not-for-Profit Management, she believes in the strength of the non-profit sector and building cross-sector relationships for positive social change. Cailin is currently the Stewardship Coordinator at Girls Inc. of Durham. She provides fund development and administrative support in delivering research-based programming to address the unique challenges girls face and help them reach their full potential. In her spare time, Cailin loves to get creative in the kitchen!

Ken Whitehurst, Executive Director, Consumers Council of Canada, has served respectively as Director of Research and Communications and Executive Director of the Consumers Council of Canada since 2008. He has 30 years of senior-level general and project management experience in consumer representation and research; news media; sales, marketing and regulated disclosure communications; business information systems; management consulting; and financial services. He was a senior manager and director of media services of investment company Global Strategy Financial Inc. He formerly served as editor-in-chief for Metroland North Media, general manager of national radio news service Standard Broadcast News and manager for Canada of United Press International. He is a graduate of the University of Toronto.