

# Ontario Home Economics Association

## *Ask a Professional Home Economist*

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### **Home Economist Plays Important Role in the Science You Eat**

by Mary Carver, P.H.Ec

**Food Preservation – The Science You Eat** is an exciting new exhibit that opened at the Agriculture & Food Museum at the Canada Experimental Farm on Prince of Wales Drive, Ottawa on May 13<sup>th</sup>.

‘The exhibit highlights the role science plays in delaying food decay and keeping food nutritious and safe from farm to fork. In this interactive museum experience, explore the fascinating world of food preservation both at home and in larger scale operations. Learn the scientific reason why long-used methods of food preservation continue today and discover new innovations that will affect our food choices into the future. You’ll find something to feed your mind and imagination on the menu!’

Ottawa-based Professional Home Economist and food preservation expert, Ellie Topp, author and co-author of several cookbooks including *The Complete Book of Small Batch Preserving* served as a volunteer on the National Advisory Committee for two years planning the exhibit. The outcome is impressive!



The exhibit is another not-to-be-missed attraction to Ottawa and to Canada’s museums. It appeals to those who recall Grandma’s kitchen, to kids of all ages and to those taking up food preservation as a modern-day trend to improve food literacy.

**Learn more:** <http://cafmuseum.techno-science.ca/en/whats-on/exhibition-food-preservation.php>

**Ellie Topp, P.H.Ec. (L) and Kerry-Leigh Burchill, Director General for Canada Agriculture and Food Museum, members of the Advisory Committee, stand before an impressive showcase of preserved food at the New Preservation Exhibit.**

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**Mary V. Carver, P.H.Ec.**, is an Ottawa-based Professional Home Economist and an active member of the Ontario Home Economics Association. **Ontario Home Economics Association (OHEA)** a self-regulated body of Professional Home Economists, promotes high professional standards among its members so that they may assist families and individuals to achieve and maintain a desirable quality of life. OHEA is grateful for support from the Gwenyth Bailey Simpson Communications Award provided by the Canadian Home Economics Foundation.

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