OHEA Ontario Home Economics Association

Ask a Professional Home Economist

For Immediate Release

"Culinarian of the Year" Does It by the Book

Margaret Dickenson, Professional Home Economist, internationally-renowned culinary expert, TV personality and cookbook author, will receive the "Culinarian of the Year, 2008" award at the Cordon d'Or - Gold Ribbon International Culinary Arts Academy Awards. The presentation will take place at a VIP reception at the historical Don CeSar Beach Resort in St. Petersburg, Florida, May 16, 2009.

Dickenson says, "This award is quite an accomplishment for a woman with simple Ukrainian farm roots, who continues to be extremely practical and cost-efficient but always maintaining a sense of pizzazz!"

She has won many international culinary awards, including: "Best of the Best" Cookbook on entertaining during the past 12 Years for *Margaret's Table - Easy Cooking & Inspiring Entertaining* at the Gourmand World Cookbook Awards in Frankfurt, Germany October 2008; and two "Best in the World Awards" for *From the Ambassador's Table - Blueprints for Creative Entertaining* (in 1998) and for *Margaret's Table* (in 2006).

Margaret says she and husband Larry, a long-time Canadian diplomat, "courageously selfpublished" *Margaret's Table*. Her first book, *From The Ambassador's Table* (a 4-award winner, now a collector's item), was inspired by her recipes and unique style of entertaining as a "handson" foreign service officer's spouse. The Dickensons have entertained in nine countries and do so in Ottawa today.

During her appearance on CTV's *Canada AM* on April 30, 2009, Margaret demonstrated one of two creations which will receive Recipe of the Year awards at the same Cordon d'Or - Gold Ribbon ceremonies.

Her long-running TV series *Margaret's Sense of Occasion* and cookbook *Margaret's Table* have brought world testimonials from people inspired to cook, entertain, and create captivating presentations with that Dickenson pizzazz. And yet, her recipes and ideas use readily-available ingredients and very common items. Many are fun and easy for children and for families to do together.

In Dickenson's own family, husband Larry is the photographer of Margaret's most recent cookbook and of her constantly generated new recipes. Dickenson's daughter, Tonya, did her Executive MBA thesis (involving hundreds of hours of work) on "Marketing Mom".

Margaret Dickenson, P.H.Ec. is a member of the Ontario Home Economics Association.

* Significant Stat: According to Edouard Cointreau, President of the Gourmand World Cookbook Awards, more than 200,000 cookbooks have been published in the world by 5,000 publishers in the past 12 years.

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The **Ontario Home Economics Association**, a self-regulated body of Professional Home Economists, promotes high professional standards among its members so that they may assist families and individuals to achieve and maintain a desirable quality of life.

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